

# Consortium on Asian American Mental Health Training Presents:

## Good Grief: Helping Asian Americans Deal With Death And Dying

## A training conference for all clinicians, Asian and non-Asian:

This one day training conference offers mental health professionals and students/trainees, consumers & their family members an opportunity to acquire knowledge and skills in treating Asian American consumers who are facing the death of loved ones. As a result of this training, participants will be better able to communicate with consumers who have terminal illness, confront the loss of a patient and help those who have lost a loved one. Through the workshop presentations, participants will learn to apply culturally appropriate strategies to help their Asian consumers cope with dying, grieving and rebuilding. Each participant requesting CEU credits is required to fill out a program evaluation form.

#### The educational objectives are to:

- 1. Learn appropriate ways to communicate with consumers facing their final days (terminal illness);
- 2. Address issues pertaining to consequences of different types of grieving: complicated and normal;
- 3. Identify unique aspects of suicide grief and effective resources and interventions for suicide loss.

## Almansor Court Conference Center 700 S. Almansor Street Alhambra, California 91801

626-570-4600

http://www.almansorcourt.com/

#### From the 10 Freeway, going EAST:

Merge onto SOUTH GARFIELD AVENUE via Exit 23B toward Alhambra (1.2 miles). Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).

Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

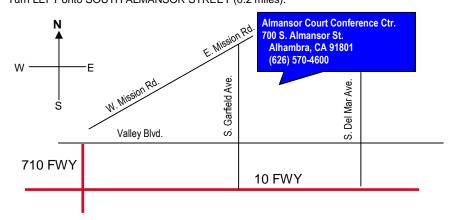
#### From the 10 Freeway, going WEST:

Take the GARFIELD AVENUE exit- EXIT 23B- toward ALHAMBRA (0.1 miles).

Merge onto SOUTH GARFIELD AVE via EXIT 24 toward ALHAMBRA (0.9 miles).

Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).

Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles)









Los Angeles County Department of Mental Health 695 S. Vermont Ave., 15th Floor Los Angeles, CA 90005

# CONSORTIUM ON ASIAN AMERICAN MENTAL HEALTH TRAINING PRESENTS:





18<sup>th</sup> Annual Asian American Mental Health Training Conference



GOOD GRIEF: HELPING ASIAN
AMERICANS DEAL WITH
DEATH AND DYING

October 12, 2012

Almansor Court 700 S. Almansor Street Alhambra, CA 91801

County of Los Angeles Department of Mental Health

Department of Psychiatry at Harbor-UCLA Medical Center

#### Conference Agenda

7:30 - 8:15 am	Registration & Continental Breakfast					
8:15 - 8:45 am	Introduction & Overview					
	Freda Cheung, PhD					
	Conference Chair					
	Rodrick Shaner, MD					
	Medical Director					
	County of Los Angeles Department of Mental Health					
	Dennis Murata, MSW					
	Deputy Director, Program Support Bureau					
	County of Los Angeles Department of Mental Health					
	Ira Lesser, MD					
	Chair, Department of Psychiatry					
	Harbor-UCLA Medical Center					
8:45 - 10:15 am	Plenary Session Part I					
	Communicating Advanced Care Directives: Talking to Patients					
	and Families About Death and Dying					
	Anthony Back, MD					
	Director, Cancer Communication Program					
	Seattle Cancer Care Alliance					
10:15 - 10:30 am	Break					
10:30 - 12:00 pm	Plenary Session Part II					
	Anthony Back, MD					
	Director, Cancer Communication Program					
42.00 4.45	Seattle Cancer Care Alliance					
12:00- 1:15 pm	Lunch and Networking					
1:15 - 2:45 pm	Workshops I (A, B, C)					
2:45 - 3:00 pm	Break					
3:00 - 4:30 pm	Workshops II (A, B, C)					

### Plenary Speaker

Anthony Back M.D. is a practicing medical oncologist and palliative medicine physician. He is the Director of the Program in Cancer Communication at the Seattle Cancer Care Alliance, is Professor of Medicine in the Division of Oncology and Adjunct Associate Professor of Medical History and Ethics at the University of Washington School of Medicine, and is an Affiliate Member in the Clinical Research Division of the Fred Hutchinson Cancer Research Center. Dr. Back received his A.B. from Stanford University and his M.D. from Harvard Medical School. He completed his Internal Medicine Residency at the University of Washington, Seattle. He was a Post-Doctoral Fellow in Oncology at the University of Washington and Fred Hutchinson Cancer Research Center in Seattle.

Dr. Back specializes in teaching physicians and other health care providers to improve their communication with patients who have terminal illnesses as well as with their families. He is the Principal Investigator of the Oncotalk communication skills training program (<a href="www.oncotalk.info">www.oncotalk.info</a>) and has other grants in the area of doctor-patient communication. He has published widely in major scientific journals and has a recent book, co-authored with Robert Arnold and James Tulsky, entitled "Mastering Communication With Seriously Ill Patients: Balancing Honesty with Empathy and Hope". In 2010, he was awarded the Pathfinder in Palliative Care Award by the American Cancer Society. Dr. Back travels extensively providing educational programs and workshops for physicians throughout the country.

#### **Workshops**

A. Complicated Grief and Its Treatment
Presenter: Julie Wetherell, PhD
VASDHS/UCSD

B. Grief After Suicide: Working with Survivors
Presenter: Nina J. Gutin, PhD
Private Practice

C. Grief and Rebuilding: A Journey of Hope
Presenter: Freda K. Cheung, PhD
Harbor-UCLA Medical Center

#### Conference Planning Committee

Freda K. Cheung, PhD
Harbor-UCLA Medical Center
Stephen Cheung, PsyD
Azusa Pacific University
Scott Hanada, LCSW
County of Los Angeles Department of Mental
Health,

Adult System of Care

George K. Hong, PhD, ABPP

California State University at Los Angeles

Jason Huang, PhD

County of Los Angeles Department of Mental Health.

Mental Health Court Linkage Program

Sam Keo, PsyD

County of Los Angeles Department of Mental Health,

Service Area 3 Program Administration

#### Mitsuru Kubota, PhD

County of Los Angeles Department of Mental Health, Long Beach Asian Pacific Islander Family Mental Health Center

Ira Lesser, MD

Harbor-UCLA Medical Center

Margaret T. Lin, MD
Private Practice

Yoshi Matsushima, LCSW

Private Consultant

Stephen Shea, MD

County of Los Angeles Department of Mental Health, Adult System of Care/Office of the Medical Director

Lisa Song, LCSW

County of Los Angeles Department of Mental Health, Workforce Education and Training

Silvia Yan, PhD

Special Service for Groups

Asian Pacific Counseling and Treatment Centers

County of Los Angeles Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:

- California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0813)

County of Los Angeles Department of Mental Health is approved by the American Psychological Association to offer continuing education for psychologists: it, Los Angeles County Department of Mental Health maintains full responsibility for the program and its content.

Each discipline will be eligible to receive 6.0 credits of continuing education. (No partial credits will be given)

County of Los Angeles Department of Mental Health is a California Association (CMA) accredited provider. Physicians attending the course may report the individually identified number of hours of Category I Credit<sup>TM</sup> toward the California Medical Association Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.

For questions concerning this conference, please contact Freda Cheung at (310) 222-4266 or fcheung@labiomed.org Lisa Song at lsong@dmh.lacounty.gov

# Good Grief: Helping Asian Americans Deal with Death and Dying $October\ 12,\ 2012$

Registration Information	(Ple	(Please print clearly)		
Last Name				
First Name		Middle Initia		
Street Address				
City		Zip		
Phone	Fax			
Email Address (Required f	or confirmation/denial of t	raining registration)		
Affiliation/Organization				
License Number: Licen				
License Number: Licen  CME/CE/CEU REQUEST  M  Lunch Preference	FT □ LPT □ CAADAC □ Chicken □ Vegetari	Other:Specify		
License Number: Licen  CME/CE/CEU REQUEST  M	FT LPT CAADAC  Chicken Vegetari reakfast and lunch  Postmarked by 9/29/2012	Other:Specify		
License Number: License Number: License Number: License Number: License M  Lunch Preference Complimentary continental br  Registration Fees	FT LPT CAADAC  Chicken Vegetari reakfast and lunch  Postmarked by 9/29/2012  sy0	Other: Specify  ian Pasta  Postmarked after 9/29/2012  \$110		
License Number: License Number: License Number: License Number: License Number: License Number: March Preference Complementary continental by Registration Fees  Space is limited—please register ear Regular	FT LPT CAADAC  Chicken Vegetari reakfast and lunch  Postmarked by 9/29/2012  rly!  \$90  AND last 4 digits of Driv	Other:Specify  ian Pasta  Postmarked after 9/29/2012  \$110  Pers license or ID \$65		
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License Number: Licen  CME/CE/CEU REQUEST M  Lunch Preference  Complimentary continental br  Registration Fees  Space is limited—please register ear  Regular  ID# Last 4 digits of SSN  Student/Trainee  ID# Last 4 digits of SSN	Chicken Vegetaring CAADAC  Chicken Vegetaring Vegetarin	Other:Specify  ian Pasta  Postmarked after 9/29/2012  \$110  rers license or ID  \$65  rers license or ID \$42.50		

LAC-DMH employees must use DMH Registration form

Please make all checks payable to <u>LA BioMed</u>. On-Site registration must be paid in full amount of \$110 by check or cash ONLY.

Total Amount Enclosed: \$

All registrants mail form and check to: Los Angeles Biomedical Research Institute Department of Psychiatry 1124 West Carson St., B-4 South Torrance, CA 90502 Attention: Freda Cheung, PhD

Registration confirmation will be emailed on or before September 29th . Refund: Full refund less \$15 administrative fee before 9/29/2012. Requests must be made in writing. No refunds after 9/29/2012.

#### **COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH**

**Registration Form For LA County DMH Employees Only** 

The 18th Annual Asian American Mental Health Conference
Good Grief: Helping Asian Americans Deal with Death and Dying

October 12, 2012

Almansor Court, 700 S. Almansor St., Alhambra, CA 91801

Registration Information	!						
Last Name:	First Name:				MI:		
Program or Agency:							
Work Address:							
_City:	_Zip:						
LACDMH Empl. #:	Eı	Email:			@dmh.lacounty.gov		
License Number:	<i>License:</i> ☐ MFT ☐	☐ MD/DO	, ,	☐ RN er:	☐ LCSW		
Li Civile/CE/CEO REGUEST	Specify						
Registration Fees		stmarked by 29/2012	<b>Postmarked</b> 9/29/2012	after	Total Enclosed		
No Subsidy will be provided for On-Site Registrant		\$22.50	\$42.50		\$		
Supervisor Name:							
Supervisor Signature:							
Must be currently employed w LACDMH is subsidizing the balar			directly operated progr	ams with a v	alid employee ID.		
Lunch Preference: [	Chicken	☐ Vegetaria					

Please make all checks payable to <u>LA BioMed</u>. On-Site registration must be paid in full in the amount of \$110 by check or cash ONLY. Space is limited—please register early!

All registrants mail form and check to:

Los Angeles Biomedical Research Institute
Department of Psychiatry
1124 West Carson St., B-4 South
Torrance, CA 90502

Attention: Freda Cheung, PhD

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